

## Regulations for The River Rafting in Uppsala, 2022

Changes may occur in later editions. Possible changes will be updated at 22-04-29 at the latest.

### §1 This document

#### The following applies in this document:

- 1.1 The organizer is UTN, Uppsala union of engineering and science students
- 1.2 A crew member is a person who has paid the entry fee and is allowed to participate in the River Rafting.
- 1.3 The captain is the person who got assigned team captain at the registration and is the person who is responsible for the raft. The captain is also a crew member.
- 1.4 SÄK is one of the members in the River rafting committee, Forskå, and is the person who is responsible for the safety. You are not allowed to partake in the rafting unless the raft is approved by SÄK (Astrid Magnusson), Flott (Rebecka Sjöström) or Start (Sara Fren Dahl).
- 1.5 A copy of the last page of this document will be available for all teams at the info tent. The last page must be signed by all crew members.
- 1.6 This document shall be read and signed by the team captain before the building of the raft begins. When this is done you can start building your raft.  
  
*If your team captain can't be present on your first building day you will be allowed to start building if all other crew members sign this document. This document shall be read and signed by all crew members before you can start painting your raft. When all the crew members have signed the regulation and the raft has been approved by SÄK, Start or Flott, brushes can be picked up in info tent and you can start painting.*
- 1.7 The construction week covers the period 2022/04/21 - 2022/04/28, the actual rafting refers to 2022/04/30.

E-post, webb	Telefon	Postadress	Besöksadress
info@utn.se	018 - 57 25 20	Uthgård	Uthgård
www.utn.se		752 37 Uppsala	Polacksbacken, hus 73

## §2 Inspection of the raft and the crew

### §2.1 The raft with crew must:

- 2.1.1 Pass an inspection by the organizer before participation in the Raft Racing.

*Inspection of the raft will be done continuously by SÄK (as well as Flott and Start) during the construction week and the paint will not be handed out before the raft has passed a full inspection. All members of Forskå can be asked questions, although decisive questions will be answered by SÄK. Inspection of the crew will take place in the morning of April 30<sup>th</sup> at the starting area by SÄK or another person appointed by the organizer.*

- 2.1.2 Arrive at the building area April 29<sup>th</sup> at a time appointed by the organizer. It is recommended that all crew members show up but a minimum of two members from the team are required to be present. **If this is not followed the team is responsible for moving the raft to the starting area themselves.**

*All teams will be appointed a time when they must be at the construction site to move their raft from the construction site to the trucks which takes the rafts to the starting area.*

- 2.1.3 Arrive at the starting area April 30<sup>th</sup> at the time appointed by the organizer.

*Late arrivals may lead to a delayed or canceled inspection – which in turn disallows the crew from participating in the River rafting.*

### §2.2 If the raft is disallowed to participate:

- 2.2.1 The entry fee and the cost for any rented equipment will not be refunded.
- 2.2.2 The crew is responsible for taking care of the raft; failure to do so will lead to the captain being charged with the cost of removing it.

## §3 Rules regarding the raft

### §3.1 The raft shall:

- 3.1.1 Be constructed in a way so that nothing sinks if the raft breaks.

*Extra material may be used but they require special approval from SÄK.*

- 3.1.2 Be constructed with a wooden frame.

*Look at the example raft at the building area or ask any member of Forskå if you're unsure.*

- 3.1.3 Have both of its long sides clearly labeled with the raft number and the number of crew members (i.e. [raft number : number of crew members]).

E-post, webb	Telefon	Postadress	Besöksadress
info@utn.se	018 - 57 25 20	Uthgård	Uthgård
www.utn.se		752 37 Uppsala	Polacksbacken, hus 73

*Eg: Raft number 42, 3 crew members => 42:3. Raft number 112, 4 crew members => 112:4*

3.1.4 Be constructed in a way so that risk of injury is minimized.

*Examples of risks are sharp corners, exposed nails, metal plates and wire. It is not allowed to use ropes or similar that could trap people (exception is made for the towing loop).*

3.1.5 Have at least two (2) and maximum (4) crew members.

3.1.6 Have a loop in given size properly attached at the front of the raft, for towing and lifting the raft out of the water.

*See example raft.*

3.1.7 Have one oar per crew member.

### **§3.2 The raft shall not:**

3.2.1 Be a “finished product”, e.g. inflatable rubber boat, canoe etc.

3.2.2 Have any loose items on board, such as chairs, tables etc.

3.2.3 Be constructed with a high railing or border.

*High railing or cavities can trap people underneath the raft in case of a turnover. If you build a railing around your raft, make sure to leave it open somewhere, for example in the back, so that you can easily get onto the raft again if you fall into the water. The opening must be at least 50 cm wide.*

3.2.4 Be constructed with a roof or other top coverage.

*Roof or top coverage is a risk factor since crew members risk getting stuck in case of a turnover. Removable parts can be approved but requires specific permission from SÄK.*

3.2.5 Be built with wood glue.

*Use sealing foam when for example attaching the wooden frame to the styrofoam.*

3.2.6 Be longer than 240 cm, wider than 120 cm or higher than 80 cm.

*The height restriction is there in order to allow a smooth passage under the*

E-post, webb	Telefon	Postadress	Besöksadress
info@utn.se	018 - 57 25 20	Uthgård	Uthgård
www.utn.se		752 37 Uppsala	Polacksbacken, hus 73

*bridges. In case of excessive water in the river the height might need to be adjusted. The height measure can therefore not be exceeded. It is okay to build your raft longer or wider, **but then you have to transport it yourself to the start area.***

3.2.7 Be equipped with some kind of engine, motorized pump or similar.

3.2.8 Be constructed with barrels, or similar.

3.2.9 Have joints or be split in any way.

*No tows are allowed. The raft is not allowed to be connected with another raft. Nor is the raft allowed to be made up by several separate floating parts. Exceptions from this rule needs to be discussed with SÄK beforehand.*

3.2.10 Have a trail of rope, strings, wire, etc.

3.2.11 Contain any nails in the styrofoam.

3.2.12 Be offensive, it is not allowed to have any political or religious messages.

3.2.13 Expose any kind of commercial message, unless it is a company-sponsored raft and the appropriate entry fee has been paid. Section associations are allowed to advertise themselves.

*Exceptions can be made for certain non-profit organizations. Contact Forskarl (Emmy Sköld) or Kom (Hampus Sandqvist) for approval.*

## **§4 Rules regarding the crew**

### **§4.1 All crew members shall:**

4.1.1 Be at least 18 years of age.

4.1.2 Be able to swim.

*According to the nordic definition: "can fall in the water, get their head under the surface and after resurfacing, being able to swim 200 m in deep water whereof 50 m on the back."*

4.1.3 Wear a CE-approved life vest, with all buckles fastened.

4.1.4 Wear shoes that cover the feet.

*For example a couple of sneakers. Flip-flops or sandals will not be approved.*

<b>E-post, webb</b>	<b>Telefon</b>	<b>Postadress</b>	<b>Besöksadress</b>
info@utn.se	018 - 57 25 20	Uthgård	Uthgård
www.utn.se		752 37 Uppsala	Polacksbacken, hus 73

4.1.5 Wear a helmet, fastened under the chin.

*For example: bike helmet or hockey helmet.*

4.1.6 Wear an approved wetsuit.

*Both long and short ones are allowed.*

4.1.7 Wear clothes on top of the wetsuit it's rented from the river rafting committee.

*To protect the wetsuit from paint stains (see §8.3).*

4.1.8 Display the raft number clearly on the chest.

*A bib number to put on the chest as well as safety-pins will be handed out by the starting area.*

4.1.9 All crew members must take part of the rafter information and are obligated to attend the Rafter's education on April 6<sup>th</sup>.

*Exceptions can be made in special cases, contact SÄK (Astrid Magnusson) or Flott (Rebecka Sjöström) before April 1<sup>th</sup>.*

4.1.10 Be registered in the document "Regulations for The River Rafting in Uppsala, 2022" and have an appointed captain. If a new member is recruited the team captain is responsible to make sure that this person is registered in the regulations. It is allowed to remove or add a new member until March 30<sup>th</sup>, this does not apply for the captain. Contact SÄK for this.

4.1.11 Clean up after themselves on the construction area.

*All teams will get garbage bags to facilitate the cleaning.*

## **§4.2 Crew members shall not:**

4.2.1 Be tied to the raft or to each other.

4.2.2 Be under the influence of alcohol or narcotics.

*Breathalyzer tests will be performed prior to start.*

4.2.3 Bring alcohol to the starting area or on board of the raft.

4.2.4 Accept alcohol or narcotics during the rafting.

4.2.5 Wear a hood or anything else that could risk covering the mouth or complicate

E-post, webb	Telefon	Postadress	Besöksadress
info@utn.se	018 - 57 25 20	Uthgård	Uthgård
www.utn.se		752 37 Uppsala	Polacksbacken, hus 73

rescue.

4.2.6 Wear costumes of an offensive nature.

4.2.7 Stand up during the rafting

*Crew members must sit during the entire rafting, but are allowed to stand on their knees*

## §5 Loose objects

### §5.1

Loose objects in the raft apart from oars and objects approved by SÄK are prohibited. No objects may be thrown against other rafts, thrown against individuals or be supplied to the raft during the journey. **Deliberate splashing of water may under no circumstances be directed towards the audience.**

**People who break the rules under § 5 will be reported to the Police.**

## §6 Towing of raft

### §6.1

The crew is responsible for taking care of the raft after the race. This means that the crew should help lift the raft out of the water and place it in the area assigned by Mål (Felix Ranestål). If failed to do so, the captain will be charged for towing of the raft.

## §7 Special circumstances

### §7.1 Force Majeure

If it is abnormally high or low water levels when it is time for the River rafting so that the safety of the participants cannot be ensured the rafting will not be carried through in the intended way. Should this be the case, additional information will be given. Registered teams will not be able to get any money back.

## §8 Other

### §8.1

The crew is obligated to help distressed people in the water, if it can be done without risk for the helper, but it is forbidden to bring people who aren't in danger on board.

### §8.2

The crew is obligated to adhere to instructions given by the organizer, rescue divers or any other officials, such as police officers or paramedics.

E-post, webb	Telefon	Postadress	Besöksadress
info@utn.se	018 - 57 25 20	Uthgård	Uthgård
www.utn.se		752 37 Uppsala	Polacksbacken, hus 73

**§8.3**

The captain is economically responsible for all rental equipment, i.e. wetsuits, helmets and life vests. The captain will be charged if equipment is damaged. Color on the wet suits can be seen as a damage.

**§8.4**

If the equipment is not returned in the finishing area after completed rafting, it must be returned May 1st at the latest.

**§8.6**

Crew members are not allowed to change rafts during the River Rafting. Exception is made for rafters in distress.

**§8.5**

Crew members are responsible for notifying St(yr) (Alexander Blomlöf), Ställ (Corinne Olivero) or Forskå if they do not want pictures taken of them which can be published by UTN, or to remove already published pictures by UTN.

**By signing this document every crew member confirms that:**

- He/she has read and understood the content of the regulations.
- He/she will oblige to the rules laid out in this document when participating in the River Rafting.
- He/she doesn't participate in the River Rafting if he/she suspects a risk for his/her own health.

**... and understands and agrees that:**

- River Rafting in Fyrisån may pose risks and the risk of injury can never be completely eliminated.
- The organizer has the right to prohibit the crew from participating in the River Rafting.
- The organizer isn't held responsible for personal injury or damaged/lost property.

<b>E-post, webb</b>	<b>Telefon</b>	<b>Postadress</b>	<b>Besöksadress</b>
info@utn.se www.utn.se	018 - 57 25 20	Uthgård 752 37 Uppsala	Uthgård Polacksbacken, hus 73

**Raft name****Raft number**

(Filled in by Forskå)

**Captain (Crewmember 1)****Crewmember 3**\_\_\_\_\_  
Signature\_\_\_\_\_  
Signature\_\_\_\_\_  
Print name\_\_\_\_\_  
Print name\_\_\_\_\_  
Personal number\_\_\_\_\_  
Personal number\_\_\_\_\_  
Phone number\_\_\_\_\_  
Phone number\_\_\_\_\_  
Contact in case of emergency\_\_\_\_\_  
Contact in case of emergency**Crewmember 2****Crewmember 4**\_\_\_\_\_  
Signature\_\_\_\_\_  
Signature\_\_\_\_\_  
Print name\_\_\_\_\_  
Print name\_\_\_\_\_  
Personal number\_\_\_\_\_  
Personal number\_\_\_\_\_  
Phone number\_\_\_\_\_  
Phone number\_\_\_\_\_  
Contact in case of emergency\_\_\_\_\_  
Contact in case of emergency

<b>E-post, webb</b>	<b>Telefon</b>	<b>Postadress</b>	<b>Besöksadress</b>
info@utn.se www.utn.se	018 - 57 25 20	Uthgård 752 37 Uppsala	Uthgård Polacksbacken, hus 73